



March 2017 – Brittany W.

“My oldest son is 9 and becoming interested in Karate. I think I might be more excited than he is, because I’ll be taking classes with him.” You may think this is just a fun opportunity for Brittany to bond with her son, which it is, but it’s also an opportunity to revive her passion for the sport. Brittany began taking classes with her dad when she was only 7. She earned her Black Belt at age 11, and collected 2 gold medals and a silver medal at the Junior Olympics by age 14. With such a charismatic personality and charming smile, you’d never guess she could take you down with minimal force before you blink an eye. So here’s your warning.

“Karate taught me discipline and respect. Not only respect for others, but respect for myself. It built my confidence and really shaped me into the person I am today”. So who is Brittany today? She’s a devoted mom to two young boys, hoping she passes along her lessons from Karate. “I do everything for my kids. Seeing their faces, hearing their voices, it’s my drive to succeed.” She raises them with her high school sweetheart, celebrating 10 years of their relationship. “Spending time with my family is all do when I’m not working. We love taking trips with the kids, and without the kids! We actually plan on going to Austin next month, just us two. I think it’s important to make quality time for each other.”

Brittany is also Key Supervisor for Brewingz, going on 5 years with the company. In addition to that she’s a trainer and bartender. In fact, she recently won the Gold in Brewingz’s 2016 Barlympics. But as we mentioned earlier, Gold medals are nothing new for her!